May 2023

1. Teach your child how to prepare nutritious after-school snacks.
2. Have each family member make a list of personal strengths. Read them aloud. Add to one another’s lists.
3. Role-play a sticky situation together. What would your child do if friends were teasing someone at school?
4. Remind your child that it is not necessary to like a teacher in order to learn something in a class.
5. Give your child some sidewalk chalk. Do math problems outside together.
6. Ask your child to give you an “evening news” report about what happened at school today. What’s the scoop?
7. Play Alphabet Mix-up. Choose a word and put the letters in alphabetical order. Can your child figure out the word?
8. Low grades indicate a problem to be solved. Ask what your child thinks the problem is. What could your student do to fix it?
9. Challenge your child to do a secret good deed for someone at school.
10. Create a display of your child’s best schoolwork. Rotate the work on display frequently.
11. Have your child write and send a letter or email to a relative.
12. Tonight, let your child stay up later to read.
13. Ask the school about dates for year-end tests. Make sure your child gets enough sleep the nights before.

Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

16. Teach your child how to disagree respectfully.
17. Make up a song featuring your child’s name.
18. Ask your child, “What is the nicest thing a friend has ever done for you?”
19. Talk with your child about your family’s origins.
20. Go on a picnic with your child today. After eating, stretch out on a blanket and read together.
21. Do a crossword puzzle with your child today.
22. Cover the illustration on a page of a book. Read the page aloud. Can your child guess what’s in the picture?
23. Make a list with your child of words that came from other languages. Here’s a start: vamoose, taco, pasta.
24. Have a pattern day. Ask your child to notice patterns all around, such as a striped shirt or streets arranged alphabetically.
25. Ask your child to choose a country and learn more about it.
26. How many types of punctuation can your child find today?
27. Celebrate National Bike Month by having your child review the “rules of the road.”
28. If you give your child an allowance, set guidelines for how much should be used for buying things, saving and giving to charity.
29. It’s Memorial Day. Talk with your child about why this holiday is celebrated in the United States.
30. Get out five pipe cleaners. Challenge your child to twist and bend them to create an animal.
31. Together, read a book about your town or state.