1. Put your teen in charge of the next family birthday celebration.
2. Discuss the importance of self-respect. No one should have to be embarrassed or hurt to join a group or make friends.
3. One easy way to spend time with your teen is by offering a casual invitation: "Would you go on an errand with me?"
4. Don’t use screen time as a reward or punishment. It will make it seem even more important to your teen.
5. Encourage your teen to interview an older relative about his or her life.
6. Point out news items about engineering and scientific breakthroughs and the people that make them.
7. Cook dinner with your teen. Together, brainstorm ways to add more vegetables to something you’re preparing.
8. An "I don’t care" attitude may be hiding the fact that your teen needs help in a class.
9. Discuss the ways people show their character through their choices.
10. Encourage your teen to take responsibility for schoolwork. Offer only one reminder about assignments that need doing.
11. Tell your teen to set a timer when doing boring tasks. Trying to “beat the clock” turns chores into fun challenges.
12. Encourage your teen to ask, “Why is this here?” when looking at a photo, graph or chart in a text.
13. Talk about ways your teen could get more sleep.
14. Help your teen prepare a résumé. It will come in handy when filling out summer job applications.
15. Suggest writing to-dos on sticky notes to get organized.

Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

16. Ask your teen to guess which ingredients or vitamins are in a food. Then check the label.
17. Help your teen make flash cards to study for final exams.
18. Take a walk on a clear night and look at the sky. Can your teen pick out any constellations?
19. Make sure your teen has some kind of savings plan.
20. Take your teen to the library to browse for appealing summer reading.
22. Allow your teen to choose when and where to study. Grades will tell you both whether the choices are working.
23. Encourage your teen to proofread slowly. Our eyes tend to fill in missing letters or words.
24. Help your teen maintain momentum. A simple “How's the project going?” or “Almost there!” can motivate students to keep going.
25. Poor reading skills are a leading reason teens drop out of school. If your teen has trouble reading, ask a school counselor how to get help.
26. Teach your teen to trust gut instincts. If a situation seems like it may get out of hand, your teen should avoid it.
27. Review time-management skills, like breaking big projects down into small parts.
28. Planning a move? See if your teen can visit the new school for a day.
29. Ask your teen to take pictures at a family outing.
30. Expect your teen to attend school every single day until the last day of school.
31. Laugh with your teen about a mistake you made.